

When the time came to stretch out His arms,
and to lay down His life for His friends,
God's only Son, in breaking the bread,
gve us the food of heaven to eat, (2)

This is My body; take it and eat.
This is My blood; come, take it and drink.
And, to proclaim My death for your sake,
this must you do until I return, (2)

Hunger and thirst no longer we fear;
Christ's holy bread becomes now our food.
And, when we raise His chalice to drink,
joy overflows; our hope is renewed, (2)

O Bread of life, O Banquet Divine,
sign of the love that makes us all one,
we who now share this gift from above
surely have seen the goodness of God, (2)

Through Jesus Christ, our perfect High Priest,
and in the Spirit, pledge of His love,
for this great feast which u have prepared,
Father in heaven, praised be Your name! (2)