

THE ANGELUS

The angel spoke God's message to Mary
and she conceived by the Holy Spirit.

Hail, Mary.

"I'm a lowly servant of the Lord
let it be done to me according to your word."

Hail, Mary.

And the word became flesh
and lived among us.

Hail, Mary.

Pray for us, holy Mother of God.
That we may become worthy of the promises of Christ.

Lord,
fill our hearts with Your grace:
once through the message of an angel
You revealed to us the incarnation of Your Son;
now, through His suffering and death
lead us to the glory of His resurrection.
We ask this through Christ our Lord.

Amen.