

Soul of my Saviour, sanctify my breast;  
Body of Christ, be Thou my saving Guest;  
Blood of my Saviour, bathe me in Thy tide,  
wash me with water flowing from Thy side.

Strength and protection may Thy Passion be;  
O Blessed Jesus hear and answer me;  
deep in Thy wounds, Lord, hide and shelter me;  
so shall I never, never part from Thee.

Guard and defend me from the foe malign;  
in death's dread moments make me only Thine;  
call me, and bid me come to Thee on high,  
when I may praise Thee with Thy saints for aye.