

Father, hear the prayer we offer:  
not for ease that prayer shall be,  
but for strength that we may ever  
live our lives courageously.

Not for ever in green pastures  
do we ask our way to be;  
but the steep and rugged pathway  
may we tread rejoicingly.

Not for ever by still waters  
would we idly rest and stay;  
but would smite the living fountains  
from the rocks along the way.

Be our strength in hours of weakness,  
in our wanderings be our guide;  
through endeavour, failure, danger,  
Father, be there at our side.