

## AGAINST LUST

Once again, Lord Jesus Christ, I face the power of lust.

Against the torrent of oblivion, I plead the blood of Jesus.

When my eyes are drawn to images that only stir up desire, turn them to the cross on which You died.

When my body longs for another to which it does not belong, draw me to Your side as a dearly beloved bride.

When my thoughts turn toward pleasures which are not mine to enjoy, help me to imagine the pain of infidelity and the cost of broken trust.

Deliver me from lust, that I might embrace each soul and body as a sister or brother in You.

Lord Jesus Christ, Son of God, have mercy on me, a sinner.